



## PROTECTION & HEALING PRAYER

*This is a powerful prayer attributed to Fr. Bob Hilz, TOR Franciscan University, Steubenville, Ohio 43952, USA, with an accompanying request to copy and share it.*

Heavenly Father, I praise and thank You for all You have given me. Please cover me with the protective Precious Blood of Your Son, Jesus Christ, and increase Your Holy Spirit in me with His gifts of wisdom, knowledge, understanding, hunger for prayer, guidance and discernment, to help me know Your will and to surrender to it more completely.

Holy Spirit, please burn out all those things which block my receiving and sharing Your love and grace; heal my negative emotions and any wounds in my heart and spirit; and sever and break all spells, curses, hexes, voodoo, and all negative genetic, intergenerational and addictive material, past present or future, known or unknown, against me, my relationships and family, finances, possessions and ministry.

Jesus, I ask forgiveness from You and from others for my sins and failings and I forgive others their sins and failings. I ask Your forgiveness for having abused my body; and I ask that my whole person, body and mind, heart and will, soul and spirit, memory and emotions, attitudes and values, be cleansed, renewed and protected by Your Most Precious Blood.

In the Name, Power, Blood and Authority of Jesus Christ, and in the Name of the Father, the Son and the Holy Spirit, I bind and break the power and effects in and around me of any and all evil spirits, who are trying to harm me in any way. And I command these spirits and their companion spirits to leave me peacefully and quietly and go directly and immediately to the presence of the Lord Jesus Christ to be disposed of by Jesus, and never again return to harm me. Lord Jesus, please heal the effects of these spirits in and around me.

Dear Holy Spirit, please fill up any void in me to overflowing with Your great love.

All these things, Father, I pray in the Name of Jesus Christ by the guidance of Your Holy Spirit.

Amen